PROTECTIVE NOTES ON CORONA A VISITORS' GUIDE



1. If symptoms of sickness, stay at home

If you feel symptoms related to a flu or another sickness, avoid contacts that are not essential. Please stay at home to protect our staff.



2. Check yourself

We provide rapid antigen tests. Register at reception when entering our facility. You will be picked up.



3. Disinfect hands on entering

Please make sure to disinfect your hands each time you enter our facility. Contactless dispensers are provided at main and staff entrances.



4. Do not shake hands

Avoid shaking hands and hugging when meeting with other people. Give a smile instead. We do not want to be impolite, but are careful. Please help to reduce risks of infection.



5. Wear protective masks

We recommend wearing a mask anywhere in the facility you evaluate this as necessary. Protecting oneself and others is also the personal responsibility of each individual.

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6. Keep distance

Wherever possible, please keep a minimum distance of 1.5 m to other people for safety reasons – also in meetings and in shared areas.



7. Clean hands regularly

Please clean your hands regularly and carefully by using soap and water for at least 20 seconds. Make sure finger nails, spaces between fingers and the back of your hands are included when foaming. If tissue papers or towels are provided, use them for drying.



8. If coughing or sneezing, pay attention

If sneezing or coughing, please have a handkerchief at hand or hold the crook of an arm in front of your mouth and nose. Make sure to turn away from other people. Throw away the handkerchief to a trash can.



9. Keep dirty hands off your face

Avoid touching your eyes, nose or mouth with your hands.
As a result, you keep the virus off your body and do not get sick.



10. Risks of infection reduced by ventilating

We aim in reducing infections resulting from germs stuck to aerosols. Meeting rooms and workplaces are therefore ventilated regularly and in a proper mode.